



Cardiff Met Archers

Player Code of Conduct

- 1) Respect – “due regard for the feelings, wishes, or rights of others.” This includes but not limited to: coaches, teammates, officials, opposition, spectators, university staff, club members, and facilities.
- 2) Be gracious, courteous, and polite. Mind your P’s and Q’s.
- 3) It’s your attitude not your aptitude that determines your altitude in life. That being said, attitudes are contagious, is yours worth catching?
- 4) Remember who you represent, your actions reflect upon all of us. On and off the court we are #archersfamily.
- 5) Punctuality - be on time, better yet be early! Factor in prep, travel, and pre-hab. Always give yourself a 15-minute cushion.
- 6) Wear appropriate kit and trainers – always bring a light & dark top option for training. For games & all sessions look like a team (as one).
- 7) If injured, communicate with coaches, follow through with any necessary consultation or physio appointments, and attend all training sessions.
- 8) Commitment – attendance at training sessions and games is prioritized above all social activities and you are expected to be organised with your social, academic, and work life in order to make this happen. Selection and court time is at the discretion of the coach, and your commitment will be a factor in deciding these.
- 9) Supportive – we are a BIG club with membership ranging from Mini’s to Senior’s. You are a role model. Help out and get involved where and when you can.
- 10) Try your best!
- 11) Be your best! Look after your mind & body --> eat, sleep, & recover well.

I agree to adhere to the Cardiff Met Archers Code of Conduct, I understand that any unacceptable behaviour or complaints will be acted upon:

Signed: (player) Date:

Parent if player under 18 Date:

Created Sept 2014. Reviewed Sept 2015, 2016, 2018, 2021.